Psychology (PSY)

(Behavioral Sciences Department)

PSY 100—Psychology of Adjustment
3 cr. (Fall/Spring/Summer)
An introductory psychology course, with emphasis on understanding the elements of a healthy personality. Topics include dynamics of adjustment the problems that the individual faces in adjusting to family, school, peers and job, and the techniques of readjustment such as counseling and psychotherapy. Fulfills Category B.

PSY 111—Introduction to Psychology
3 cr.
The foundations for a scientific understanding of human behavior are examined. Topics include: scientific methods, statistical analysis, physiological aspects of behavior, growth and development, learning and memory, sensation and perception, motivation and emotion, personality, gender and sexuality, and psychological disorders and treatment. Fulfills Category B. (GE 3)

PSY 220—Developmental Psychology
3 cr. (Fall/Spring/Summer)
A study of the stages of human development: prenatal, infancy, childhood, adolescence, adulthood, and old age which influence psychological growth and change. Fulfills Category B.
Prerequisite: PSY 111

PSY 221—Child Psychology
3 cr. (Fall/Spring/Summer)
A study of human development and behavior from conception to adolescence. Subjects considered are the interdependence of the emotional, intellectual, social, and physical growth of the child. Fulfills Category B.
Prerequisite: PSY 111

PSY 222—Psychology of Adolescence
3 cr. (Fall/Spring)
A study of growth and adjustment problems of young people and their struggle to attain maturity. Topics include health, personality, home and family, social status, sex and heterosexual relationships, and school problems. This course is designed for secondary education majors and adults working with adolescents. Fulfills Category B.
Prerequisite: PSY 111

PSY 230—Abnormal Psychology
3 cr. (Fall/Spring/Summer)
This course involves the study of past and present understandings of psychological abnormality. Contemporary psychological thinking relative to mental health and individual functioning reveals the range of forms of psychological abnormality. The diagnostic system that is utilized by mental health professionals in this country is examined. Social contexts and consequences of the diagnosis of psychological abnormality are identified. Fulfills Category B.
Prerequisite: PSY 111

PSY 240—Social Psychology
3 cr. (Spring)
A study of group behavior and the influence of groups on the perception, thinking and behavior of the individual. Topics included are: socialization, conflict, attitudes, prejudice and leadership. Fulfills Category B.
Prerequisite: PSY 111

PSY 250—Human Sexuality
3 cr.
The sexual aspects of human activity are studied through the disciplines of sociology, psychology, biology, and philosophy. Historical, cross-cultural, and current research form the basis for the development of an individual perspective on human sexuality.
Prerequisite: PSY 111

PSY 260—Introduction to Counseling
3 cr.
The foundations for an integrated approach to counseling for the helping professional are introduced, as well as the nature of the helping process. Basic communication skills and interviewing, as well as an examination of the therapeutic relationship, formation

of healthy professional boundaries, and importance of maintaining professionalism are covered. In addition, students will be exposed to a variety of theoretical approaches to counseling, including the psychodynamic, humanistic, cognitive-behavioral, and existential orientations. Integrated and trans-theoretical models will also be examined, including stage-wise theory of human change, motivational interviewing, and multimodal therapy models.
Prerequisite: PSY 111