# **Public Health Degree Map**



♦ TRANSFER DEGREE M MIDDLETOWN CAMPUS DL DISTANCE LEARNING

## **Career and Transfer Focus**

Public Health is the study of protecting and improving the health of entire populations. Public Health professionals engage in research, disease and injury prevention, and detecting, preventing and responding to infectious diseases. The Public Health degree focuses on preparing you to transfer to a 4-year college program in Public Health. The Public Health degree is a specialized degree that will set you on the path to becoming a Public Health professional.

#### Three Reasons to Consider Public Health

- SUNY Orange has articulation agreements with several four-year colleges to allow you to seamlessly continue your public health studies there.
- 2. You will study the history, philosophy, and core concepts of public health. In addition, you will learn the basic concepts of scientific inquiry and evidence-based research applied to public health service.
- 3. Instructors are dedicated to student-centered learning that focuses on what you need to know and be able to do as a public health professional. Our courses promote teamwork with peers to create a collaborative learning environment for students.

## **Keep This in Mind**

The intent of this program is for you to complete two years and then transfer to a four-year college or university.

Some students transfer without getting their associate degree, but officially having your associate degree has many benefits.

Decide which four-year school you plan to attend right away. See your advisor. Your decision will affect the electives you will take.

There are many opportunities for hands-on practical/experiential learning.

## **Public Health Gateway Courses:**

• Gateway courses: PBH 101, BIO 101, PES 100

Courses above have been recommended by the department to help introduce you to the program (Gateway courses) and guide you in selecting courses that will provide you with the best academic experience (Key courses and suggested Electives).

#### **First Semester**

| Course # | Course Name                           | P, C, P/C | Cr |
|----------|---------------------------------------|-----------|----|
| ENG 101  | Freshman English 1 (G10A [w] & G11A)  | P         | 3  |
| SOC 101  | Introduction to Sociology (G3A & G6A) |           | 3  |
| MAT      | SUNY Mathematics* (G1A)               |           | 3  |
| BIO 101  | General Biology 1 (G2A)               |           | 4  |
| PBH 101  | Introduction to Public Health         |           | 3  |
|          | Total Semester Credits                |           | 16 |

### **Milestones**

## **During this semester, students should:**

- Attend program-based orientation
- Before registering each semester, check your Degree Works to see what classes you should take to stay on track.
- See your faculty program advisor with any questions you have

#### **Second Semester**

| Course # | Course Name                              | <b>P</b> , <b>C</b> , <b>P</b> / <b>C</b> | Cr |
|----------|--|---|----|
| ENG 102  | Freshman English 2 (G7A & G12A)          | P   | 3  |
| PSY 111  | Introduction to Psychology (G3A)         |   | 3  |
| MAT 120  | Introduction to Statistics (G1A)         | P   | 3  |
| BIO 102  | General Biology 2 (G2A)                  | P   | 4  |
| PBH 102  | Promoting Healthy People and Communities |   | 3  |
|          | Total Semester Credits                   |   | 16 |

#### **Milestones**

**During this semester, students should:** 

## **SUNY Orange 2023-2024**

- Check back in with your faculty program advisor to discuss if this is the right program for you and update your plan of study as needed
- Check in with your faculty program advisor to make sure all degree requirements are being met
- Connect with College support services as necessary
- If you haven't already, join a club that aligns with your interests

## **Third Semester**

| Course # | Course Name                                    | P, C, P/C | Cr  |
|----------|--|-----------|-----|
| COM 101  | Foundations of Communication (G10A [o] & G11A) |           | 3   |
|          | Restricted SUNY Elective**                     |           | 3   |
| PHL 220  | Ethics (G7A)                                   | P         | 3   |
| PBH 203  | Concepts of Epidemiology                       | P/C       | 3   |
| PBH 204  | Global Health                                  |           | 3   |
| PES      | Physical Education Elective                    |           | 0.5 |
| PES      | Physical Education Elective                    |           | 0.5 |
|          | Total Semester Credits                         |           | 16  |

#### **Milestones**

## **During this semester, students should:**

- See your faculty advisor to see what classes you should take to stay on track
- See your faculty program advisor with any questions you have
- Research transfer options and explore employment and internship opportunities
- Meet with Department Chair for a discussion on public health related careers and transfer opportunities/articulation agreements

## **Fourth Semester**

| Course # | Course Name                   | P, C, P/C Cr |
|----------|-------------------------------|--------------|
| PED 112  | Contemporary Health           | 3            |
|          | Restricted SUNY Elective***   | 3            |
| BIO 125  | Nutrition                     | 3            |
| PES 100  | Concepts of Physical Wellness | 1            |
|          | Any Social Science Elective   | 3            |
| PBH 205  | U.S. Health Care System       | 3            |
|          | Total Semester Credits        | 16           |

#### **Milestones**

#### **During this semester, students should:**

- Complete specific degree requirements and begin preparing for graduation
- Check in with your faculty program advisor to make sure all degree requirements are met
- Attend a panel session with public health professionals and alumni to learn about their path and ask questions
- · Apply for graduation

## **TOTAL DEGREE CREDITS: 64**

<sup>\*</sup>MAT 102 or higher

<sup>\*\*</sup>Select from G8A (SUNY Arts) or G9A (SUNY World Languages)

<sup>\*\*\*</sup>Select from G4A (SUNY US History & Gov) or G5A (SUNY World History)