# Liberal Arts: Humanities and Social Science (Psychology Track) Degree Map Culture, Society, and Mind

♦ TRANSFER DEGREE M MIDDLETOWN CAMPUS N NEWBURGH CAMPUS DL DISTANCE LEARNING

#### **Career and Transfer Focus**

This program is designed for students to transfer and complete a bachelor's degree in psychology.

Psychology is a flexible major with broad application to many fields.

Students may also take their studies further and pursue careers in mental health, education, business and community agencies.

Mental health professionals work with a variety of types of people with minor to more serious mental health issues in a variety of settings. Mental health workers need a committed focus on helping people manage their difficulties.

# Three Reasons to Consider the Psychology Track in Liberal Arts: Humanities and Social Science

- 1. You're interested in people and want to study the mind and behavior.
- 2. You're looking for a local, affordable, high-quality program that will give you an excellent foundation for further study at the Bachelor's level upon transfer.
- 3. You're looking for small class sizes where you can easily build academic and professional relationships with faculty and other students.

# **Keep This in Mind**

At the associate's degree level, a psychology concentration will contain courses that introduce the student to the study of psychology and some of its major subfields, and will transfer well into multiple 4-year degree programs. Therefore, a psychology concentration is a good starting point for multiple career options.

You have several elective choices in this degree. It's best to work with your advisor to carefully choose elective courses that will best complement your academic and career interests.

Maintaining a good GPA is critical to be competitive in pursuing admission to your transfer institution.

To pursue a career as a psychologist, you will need to take your studies beyond a 4-year degree to master's and/or doctoral level.

#### **Psychology Track Gateway Courses:**

- · Gateway courses: PSY 111
- Key courses: PSY 230
- Electives: PSY 220, PSY 221, PSY 222, PSY 240, PSY 260

Courses above have been recommended by the department to help introduce you to the program (Gateway courses) and guide you in selecting courses that will provide you with the best academic experience (Key courses and suggested Electives).

#### **First Semester**

| Course # | Course Name                   | P, C, P/C | Cr |
|----------|-------------------------------|-----------|----|
| ENG 101  | Freshman English 1            | P         | 3  |
| MAT      | SUNY Math (GE 1)              |           | 3  |
| COM 101  | Foundations of Communication  |           | 3  |
| PSY 111  | Introduction to Psychology    |           | 3  |
| HIS      | SUNY History (Cat A) (GE 4)   |           | 3  |
| PES 100  | Concepts of Physical Wellness |           | 1  |
|          | Total Semester Credits        |           | 16 |

#### **Milestones**

# During this semester, students should:

- Adjust to college-level work
- · Learn to manage responsibilities, both in and out of the classroom
- Explore your options using personality and career interest assessments
- Seek involvement in student activities including community and/or department sponsored events and clubs (including psychology and/or sociology club)

#### **Second Semester**

| Course # | Course Name        | <b>P</b> , <b>C</b> , <b>P</b> / <b>C</b> | Cr |
|----------|--------------------|---|----|
| ENG 102  | Freshman English 2 | P   | 3  |

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| Course # | Course Name                           | P, C, P/C | Cr |
|----------|---------------------------------------|-----------|----|
|          | SUNY Natural Science (GE 2)           |           | 3  |
| Either   | Developmental Psychology              | P         |    |
| PSY 220  |                                       |           |    |
| Or       | Child Psychology                      | P         |    |
| PSY 221  |                                       |           |    |
| Or       | Psychology of the Adolescent          | P         | 3  |
| PSY 222  |                                       |           |    |
| SOC 101  | Introduction to Sociology             |           | 3  |
|          | SUNY Restrict Elective (GE 7 or GE 9) |           | 3  |
| PES      | Activity Courses                      |           | 1  |
|          | Total Semester Credits                |           | 16 |

#### **Milestones**

# **During this semester, students should:**

- · Construct a paper in English or another course to focus on a topic related to the field of psychology
- Introduce yourself and begin working with your faculty advisor to plan transfer/career path and consider career choices

#### **Third Semester**

| Course # | Course Name                                | P, C, P/C | Cr |
|----------|--|-----------|----|
| ENG 2    | Advanced English                           |           | 3  |
|          | Math/Liberal Arts Science/Computer Science |           | 3  |
| ANT 101  | Cultural and Social Anthropology           |           | 3  |
| HIS      | SUNY History (Cat D) (GE 5 or 6)           |           | 3  |
| PSY 230  | Abnormal Psychology                        | P         | 3  |
|          | Total Semester Credits                     |           | 15 |

#### **Milestones**

# **During this semester, students should:**

· Communicate with transfer institutions to determine the necessary steps to successfully transfer

# **Fourth Semester**

| Course # | Course Name            | P, C, P/C | Cr |
|----------|------------------------|-----------|----|
| ENG 2    | Advanced English       |           | 3  |
|          | SUNY Arts (GE 8)       |           | 3  |
| PSY 240  | Social Psychology      | P         | 3  |
| Either   | Elementary Algebra     |           |    |
| MAT 101  |                        |           |    |
| Or       | General Elective       |           | 3  |
|          | Liberal Arts Elective  |           | 3  |
|          | Total Semester Credits |           | 15 |

#### **Milestones**

## **During this semester, students should:**

- Verify and apply for graduation
- Finalize transfer plans

# **TOTAL DEGREE CREDITS: 62**